

LOS ALTOS EGAN JUNIOR HIGH 7-8

APRIL



LUNCH K-8 & 9-12 2024-2025

Monday	Tuesday	Wednesday	Thursday	Friday
31 - Cheeseburger - Southwest Veggie Taco Wrap	1 - Spaghetti W/ Beef Meatsauce - Beef Hot Dog	2 - Sesame Orange Chicken W/ Rice - Mr. Mike's Bbq Chicken Sandwich - Bagel Kit	3 - Chicken Nuggets W/ Olive Oil & Parmesan Pasta - Beef Chili W/ Cornbread - B& C Burrito - Bagel Kit	4 - Pepperoni Pizza - Cheese Pizza
7 Spring Break	8 Spring Break	9 Spring Break	10 Spring Break	11 Spring Break
14 - Bbq Cheeseburger - Chicken Caesar Wrap	15 - Beef Hot Dog - Cheese Enchiladas - Sbj Sammie - Bagel Kit	16 - Popcorn Chicken & Tater Bowl - Chicken Parm Hoagie - Pasta Primavera	17 - Chicken Nuggets W/ Rice Pilaf - Cheese Ravioli W/ Marinara Sauce	18 - Pepperoni Pizza - Cheese Pizza
21 - Hamburger - Boneless Buffalo Chicken Wings & Rice Pilaf - Vegan Fried Rice	22 - Pesto Chicken Sandwich - Sweet And Sour Chicken - Cheesy Breadsticks W/ Marinara Sauce	23 - Buffalo Chicken Hoagie - Teriyaki Chicken W/ Rice & Veggies - Chicken Pesto Wrap	24 - Breaded Chicken Sandwich - Cheesy Bean Dip W/ Tortilla Chips - Bagel Kit	25 - Pepperoni Pizza - Cheese Pizza - Chicken Caesar Salad W/ Dinner Roll - Turkey & Cranberry Sandwich*
28 - Cheeseburger - Chicken Enchiladas - Sbj Sammie	29 - Spaghetti W/ Beef Meatsauce - Beef Hot Dog - Bagel Kit	30 - Sesame Orange Chicken W/ Rice - Cheese Wrapadilla - Turkey & Cheese On Dutch Crunch	1	2

Drinks

Nonfat Milk, 1% Milk

This institution is an equal opportunity provider and employer



ALL MEALS COME WITH A CHOICE OF FRESH FRUIT OR FRESH VEGETABLE AND A DRINK



PERFECT COMBINATION OF NUTRITIOUS AND DELICIOUS



VEGETARIAN



VEGAN



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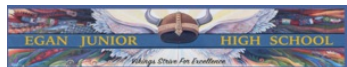


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PLACE YOUR ORDER NOW!



LOS ALTOS EGAN JUNIOR HIGH 7-8

APRIL



Monday	Tuesday	Wednesday	Thursday	Friday
31 - Myo Vegan Tacos	1 - Vegan Fried Rice	2 - Vegan Burrito Bowl	3	4 - Myo Vegan Tacos
7 Spring Break	8 Spring Break	9 Spring Break	10 Spring Break	11 Spring Break
14 - Vegan Burrito Bowl	15	16	17 - Vegan Pinto Pozole W/ Tortilla Chips	18 - Vegan Spanish Beans W/ Cilantro Lime Rice
21	22	23 - Vegan Fried Rice	24 - Vegan Burrito Bowl	25
28 - Vegan 3 Bean Chili W/ Tortilla Chips	29 - Vegan Fried Rice	30 - Vegan Burrito Bowl	1	2

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LUNCH K-8 & 9-12

2024-2025



Date	Menu Item	Count	Allergens
Monday 31	Cheeseburger	70	Wheat, Soy, Milk, Beef, Sesame
	Southwest Veggie Taco Wrap	Veg 50	Wheat, Soy, Milk, Tomato, Sesame
Tuesday 1	Spaghetti W/ Beef Meatsauce	65	Wheat, Egg, Beef, Milk, Tomato, Soy
	Beef Hot Dog	60	Wheat, Soy, Beef, Sesame
Wednesday 2	Sesame Orange Chicken W/ Rice	70	Wheat, Soy, Chicken, Sesame
	Mr. Mike's Bbq Chicken Sandwich	50	Wheat, Soy, Milk, Chicken, Tomato, Sesame
	Bagel Kit	Veg 25	Wheat, Soy, Milk, Sesame
Thursday 3	Chicken Nuggets W/ Olive Oil & Parmesan Pasta	80	Wheat, Soy, Egg, Milk, Chicken, Sesame
	Beef Chili W/ Cornbread	40	Wheat, Soy, Egg, Milk, Beef, Tomato
	B& C Burrito	Veg 25	Milk, Wheat, Soy
	Bagel Kit	Veg 25	Wheat, Soy, Milk, Sesame
Friday 4	Pepperoni Pizza	75	Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
	Cheese Pizza	Veg 75	Wheat, Soy, Milk, Tomato
Monday 14	Bbq Cheeseburger	70	Wheat, Soy, Milk, Beef, Tomato, Sesame
	Chicken Caesar Wrap	50	Wheat, Chicken, Milk, Egg, Fish
Tuesday 15	Beef Hot Dog	70	Wheat, Soy, Beef, Sesame
	Cheese Enchiladas	Veg 50	Wheat, Soy, Milk, Tomato
	Sbj Sammie	Veg 25	Wheat, Soy, Sesame
	Bagel Kit	Veg 25	Wheat, Soy, Milk, Sesame
Wednesday 16	Popcorn Chicken & Tater Bowl	80	Soy, Milk, Chicken, Wheat
	Chicken Parm Hoagie	50	Wheat, Soy, Milk, Chicken, Tomato, Sesame
	Pasta Primavera	Veg 40	Wheat, Milk, Soy
Thursday 17	Chicken Nuggets W/ Rice Pilaf	70	Wheat, Soy, Egg, Milk, Chicken, Sesame
	Cheese Ravioli W/ Marinara Sauce	Veg 70	Egg, Milk, Wheat, Tomato
Friday 18	Pepperoni Pizza	75	Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
	Cheese Pizza	Veg 75	Wheat, Soy, Milk, Tomato
Monday 21	Hamburger	70	Wheat, Soy, Beef, Sesame
	Boneless Buffalo Chicken Wings & Rice Pilaf	70	Wheat, Soy, Milk, Chicken, Sesame
	Vegan Fried Rice	V 30	Soy, Sesame
Tuesday 22	Pesto Chicken Sandwich	40	Chicken, Milk, Wheat, Soy
	Sweet And Sour Chicken	40	Wheat, Soy, Egg, Milk, Chicken, Sesame
	Cheesy Breadsticks W/ Marinara Sauce	Veg 90	Wheat, Soy, Milk, Tomato, Sesame
Wednesday 23	Buffalo Chicken Hoagie	50	Wheat, Soy, Milk, Chicken
	Teriyaki Chicken W/ Rice & Veggies	50	Wheat, Soy, Chicken, Sesame
	Chicken Pesto Wrap	20	Chicken, Wheat, Milk, Soy
Thursday 24	Breaded Chicken Sandwich	70	Wheat, Soy, Milk, Chicken, Sesame
	Cheesy Bean Dip W/ Tortilla Chips	50	Milk, Soy
	Bagel Kit	Veg 25	Wheat, Soy, Milk, Sesame

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Friday 25	Pepperoni Pizza		75	Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
	Cheese Pizza	Veg	75	Wheat, Soy, Milk, Tomato
	Chicken Caesar Salad W/ Dinner Roll		25	Wheat, Soy, Egg, Milk, Chicken, Fish, Sesame
	Turkey & Cranberry Sandwich*		25	Wheat, Soy, Turkey, Sesame

Monday 28	Cheeseburger		70	Wheat, Soy, Milk, Beef, Sesame
	Chicken Enchiladas		25	Soy, Milk, Chicken, Tomato, Sesame
	Sbj Sammie	Veg	50	Wheat, Soy, Sesame

Tuesday 29	Spaghetti W/ Beef Meatsauce		70	Wheat, Egg, Beef, Milk, Tomato, Soy
	Beef Hot Dog		70	Wheat, Soy, Beef, Sesame
	Bagel Kit	Veg	20	Wheat, Soy, Milk, Sesame

Wednesday 30	Sesame Orange Chicken W/ Rice		50	Wheat, Soy, Chicken, Sesame
	Cheese Wrapadilla		50	Wheat, Milk
	Turkey & Cheese On Dutch Crunch		20	Wheat, Soy, Milk, Turkey, Sesame



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APRIL

Vegan / Gluten
Free



Date	Menu Item		Count	Allergens
Monday 31	Myo Vegan Tacos	V	50	Tomato
Tuesday 1	Vegan Fried Rice	V	45	Soy, Sesame
Wednesday 2	Vegan Burrito Bowl	V	25	Tomato
Friday 4	Myo Vegan Tacos	V	50	Tomato
Monday 14	Vegan Burrito Bowl	V	50	Tomato
Thursday 17	Vegan Pinto Pozole W/ Tortilla Chips	V	30	Tomato
Friday 18	Vegan Spanish Beans W/ Cilantro Lime Rice	V	50	Tomato
Wednesday 23	Vegan Fried Rice	V	50	Soy, Sesame
Thursday 24	Vegan Burrito Bowl	V	25	Tomato
Monday 28	Vegan 3 Bean Chili W/ Tortilla Chips	V	25	Tomato
Tuesday 29	Vegan Fried Rice	V	20	Soy, Sesame
Wednesday 30	Vegan Burrito Bowl	V	50	Tomato

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