

LOS ALTOS COVINGTON ELEMENTARY SCHOOL APRIL



LUNCH K-8 & 9-12 2024-2025

Monday	Tuesday	Wednesday	Thursday	Friday
31 - Cheeseburger - Pasta X Plosion! - Sbj Sammie	1 - Beef Hot Dog - Bagel Kit	2 - Cheese Wrapadilla - Turkey & Cheese On Dutch Crunch - Bagel Kit	3 - Chicken Nuggets W/ Olive Oil & Parmesan Pasta - Southwest Veggie Taco Salad W/ Tortilla Chips - Bagel Kit	4 - Pepperoni Pizza - Cheese Pizza - Bagel Kit
7 Spring Break	8 Spring Break	9 Spring Break	10 Spring Break	11 Spring Break
14 - Turkey & Cheese Sandwich - Bagel Kit	15 - Beef Hot Dog - Sbj Sammie - Bagel Kit	16 - Popcorn Chicken & Tater Bowl - Pasta Primavera - Bagel Kit	17 - Chicken Nuggets W/ Rice Pilaf - Cheese Ravioli W/ Marinara Sauce - Bagel Kit	18 - Pepperoni Pizza - Cheese Pizza - Bagel Kit
21 - Hamburger - Vegan Fried Rice - Bagel Kit	22 - Sweet And Sour Chicken - Cheesy Breadsticks W/ Marinara Sauce - Bagel Kit	23 - Buffalo Chicken Hoagie - Yogurt Berry Parfait W/ Muffin - Bagel Kit	24 - Breaded Chicken Sandwich - Cheesy Bean Dip W/ Tortilla Chips - Bagel Kit	25 - Pepperoni Pizza - Cheese Pizza - Bagel Kit
28 - Cheeseburger - Pasta X Plosion! - Bagel Kit	29 - Spaghetti W/ Beef Meatsauce - Bagel Kit	30 - Mr. Mike's Bbq Chicken Sandwich - Cheese Wrapadilla - Bagel Kit	1	2

Drinks

Nonfat Milk, 1% Milk

This institution is an equal opportunity provider and employer



ALL MEALS COME WITH A CHOICE OF FRESH FRUIT OR FRESH VEGETABLE AND A DRINK



PERFECT COMBINATION OF NUTRITIOUS AND DELICIOUS



VEGETARIAN



VEGAN



(650) 596-8008



lunchmaster@thelunchmaster.com



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PLACE YOUR ORDER NOW!

LOS ALTOS COVINGTON ELEMENTARY SCHOOL **APRIL**



Monday	Tuesday	Wednesday	Thursday	Friday
31	1 - Vegan Fried Rice	2	3	4
7 Spring Break	8 Spring Break	9 Spring Break	10 Spring Break	11 Spring Break
14 - Vegan Burrito Bowl	15	16	17	18
21	22	23	24	25
28	29 - Vegan Fried Rice	30	1	2

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Date	Menu Item	Count	Allergens
Monday 31	Cheeseburger	115	Wheat, Soy, Milk, Beef, Sesame
	Pasta X Plosion!	Veg 55	Wheat, Milk, Tomato
	Sbj Sammie	Veg 35	Wheat, Soy, Sesame
Tuesday 1	Beef Hot Dog	115	Wheat, Soy, Beef, Sesame
	Bagel Kit	Veg 25	Wheat, Soy, Milk, Sesame
Wednesday 2	Cheese Wrapadilla	95	Wheat, Milk
	Turkey & Cheese On Dutch Crunch	90	Wheat, Soy, Milk, Turkey, Sesame
	Bagel Kit	Veg 30	Wheat, Soy, Milk, Sesame
Thursday 3	Chicken Nuggets W/ Olive Oil & Parmesan Pasta	120	Wheat, Soy, Egg, Milk, Chicken, Sesame
	Southwest Veggie Taco Salad W/ Tortilla Chips	70	Milk, Soy, Tomato, Egg
	Bagel Kit	Veg 15	Wheat, Soy, Milk, Sesame
Friday 4	Pepperoni Pizza	115	Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
	Cheese Pizza	Veg 105	Wheat, Soy, Milk, Tomato
	Bagel Kit	Veg 20	Wheat, Soy, Milk, Sesame
Monday 14	Turkey & Cheese Sandwich	110	Wheat, Soy, Milk, Turkey, Sesame
	Bagel Kit	Veg 30	Wheat, Soy, Milk, Sesame
Tuesday 15	Beef Hot Dog	120	Wheat, Soy, Beef, Sesame
	Sbj Sammie	Veg 80	Wheat, Soy, Sesame
	Bagel Kit	Veg 15	Wheat, Soy, Milk, Sesame
Wednesday 16	Popcorn Chicken & Tater Bowl	120	Soy, Milk, Chicken, Wheat
	Pasta Primavera	Veg 75	Wheat, Milk, Soy
	Bagel Kit	Veg 20	Wheat, Soy, Milk, Sesame
Thursday 17	Chicken Nuggets W/ Rice Pilaf	110	Wheat, Soy, Egg, Milk, Chicken, Sesame
	Cheese Ravioli W/ Marinara Sauce	Veg 90	Egg, Milk, Wheat, Tomato
	Bagel Kit	Veg 20	Wheat, Soy, Milk, Sesame
Friday 18	Pepperoni Pizza	90	Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
	Cheese Pizza	Veg 115	Wheat, Soy, Milk, Tomato
	Bagel Kit	Veg 15	Wheat, Soy, Milk, Sesame
Monday 21	Hamburger	110	Wheat, Soy, Beef, Sesame
	Vegan Fried Rice	V 80	Soy, Sesame
	Bagel Kit	Veg 15	Wheat, Soy, Milk, Sesame
Tuesday 22	Sweet And Sour Chicken	100	Wheat, Soy, Egg, Milk, Chicken, Sesame
	Cheesy Breadsticks W/ Marinara Sauce	Veg 95	Wheat, Soy, Milk, Tomato, Sesame
	Bagel Kit	Veg 20	Wheat, Soy, Milk, Sesame
Wednesday 23	Buffalo Chicken Hoagie	100	Wheat, Soy, Milk, Chicken
	Yogurt Berry Parfait W/ Muffin	Veg 90	Wheat, Egg, Milk, Soy
	Bagel Kit	Veg 20	Wheat, Soy, Milk, Sesame
Thursday 24	Breaded Chicken Sandwich	110	Wheat, Soy, Milk, Chicken, Sesame
	Cheesy Bean Dip W/ Tortilla Chips	85	Milk, Soy

601 Taylor Way, San Carlos, CA 94070



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Friday 25	Bagel Kit	Veg	15	Wheat, Soy, Milk, Sesame
	Pepperoni Pizza		90	Wheat, Soy, Milk, Pork, Beef, Tomato, Turkey
	Cheese Pizza	Veg	115	Wheat, Soy, Milk, Tomato
	Bagel Kit	Veg	20	Wheat, Soy, Milk, Sesame
Monday 28	Cheeseburger		120	Wheat, Soy, Milk, Beef, Sesame
	Pasta X Plosion!	Veg	75	Wheat, Milk, Tomato
	Bagel Kit	Veg	20	Wheat, Soy, Milk, Sesame
Tuesday 29	Spaghetti W/ Beef Meatsauce		120	Wheat, Egg, Beef, Milk, Tomato, Soy
	Bagel Kit	Veg	10	Wheat, Soy, Milk, Sesame
Wednesday 30	Mr. Mike's Bbq Chicken Sandwich		110	Wheat, Soy, Milk, Chicken, Tomato, Sesame
	Cheese Wrapadilla		85	Wheat, Milk
	Bagel Kit	Veg	20	Wheat, Soy, Milk, Sesame



LOS ALTOS COVINGTON ELEMENTARY
SCHOOL
APRIL

Vegan / Gluten
Free



Date	Menu Item	Count	Allergens
Tuesday 1	Vegan Fried Rice	V 80	Soy, Sesame
Monday 14	Vegan Burrito Bowl	V 95	Tomato
Tuesday 29	Vegan Fried Rice	V 85	Soy, Sesame